

Monday

Tuesday

Wednesday

Thursday

Friday

TRU PACE 2026
January
ALL ACTIVITIES ARE SUBJECT TO CHANGE WITHOUT NOTICE

TRU PACE CLOSED 1
Happy New Year

9:30 Loteria - Zoom 2
 10:30 Trivia with Friends
 1:00 Friday Matinee:
 Participant Choice

9:30 BINGO - Zoom 5
 10:30 Stronger Together - Zoom
 1:30 Purple Art

9:30 SNOWY Bingo - Zoom 6
 10:30 Pool Noodle Hockey
 1:30 Music with Aaron

9:30 T.V Show Bingo - Zoom 7
 10:30 Stronger Together - Zoom
 1:30 Craft Corner: Decorate Picture Frame

9:30 Crosswords with Friends 8
 10:30 MOOSE Bingo - Zoom
 1:30 Yoga Flow with Andi

9:30 Loteria - Zoom 9
 10:30 Craft Corner: Create a Sun Catcher
 1:00 Friday Matinee:
 Participant Choice

9:30 BINGO - Zoom 12
 10:30 Stronger Together - Zoom
 1:30 Purple Art

10:00 Craft Corner: Build a Snow Flake 13
 1:30 Jukebox BINGO

9:30 BINGO - Zoom 14
 10:30 Stronger Together - Zoom
 1:30 Birthday Bash with DJ Casey

9:30 Trivia with Friends 15
 10:30 BINGO - Zoom
 1:30 Yoga Flow with Andi

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9:30 BINGO - Zoom 19
 10:30 Stronger Together - Zoom
 1:30 Purple Art
 2:30 Lonesome Rolan on the Piano

9:30 MOOSE Bingo - Zoom 20
 10:30 Cup Pong Trivia
 1:30 Music with Beth

9:30 SNOWY Bingo - Zoom 21
 10:30 Drum Fit - Zoom
 1:30 Music with Chuck

9:30 Wheel of Fortune 22
 10:00 Motown Groove Melody Bingo - Zoom
 1:30 Yoga Flow with Andi

9:30 Loteria - Zoom 23
 10:30 Craft Corner: DIY Tile Coaster
 1:00 Friday Matinee:
 Participant Choice

9:30 BINGO - Zoom 26
 10:30 Stronger Together - Zoom
 1:30 Purple Art

9:30 Trivia with Friends 27
 10:30 BINGO - Zoom
 1:30 Butterfly Pavilion Presentation

9:30 BINGO - Zoom 28
 10:30 Stronger Together - Zoom
 1:30 Music with Doug

9:30 Who, What, Where? 29
 10:30 Craft Corner: Winter Craft
 1:30 Memorial Service with Naomi - Zoom

9:30 Loteria - Zoom 30
 10:30 Junk Drawer Detective
 1:00 Friday Matinee:
 Participant Choice

Yellow Highlighted = Fitness/Movement Programs

Green Highlighted = Special Events

Blue Highlighted = Vibrancy Program